



MOTHER'S DAY

Served Sunday the 15th of March

Two courses £31.95 or Three course £37.95 with a glass of fizz for all the lovely mothers!

Starters

Herb Haddock Fishcake GFA, DFA

served with sauteed spinach, runny poached egg and a white wine sauce

Whipped Feta GFA, DFA, V, VGA

with balsamic roasted tomatoes, garlic and basil with toasted ciabatta

Caprese Salad GF, DFA, VGA, V

with mozzarella, tomatoes, basil and pesto dressing

Mains

Traditional Greek Salad

including Tomatoes, cucumber, red onions, feta cheese, olives and mint, dressed with an oregano vinaigrette
V, VGA, GF, DFA

Roasted Salmon Fillet

served on a bed of Thai coconut noodles with grilled Pak choi and chilies GFA, DFA, VGA -Sriracha tofu

Moroccan Lamb Kebab

served on a flatbread with a crispy salad, Tzatziki and lemon
GFA, DFA

Our steak and nook ale pie

with hand cut chips, gravy, mushy or garden peas DF, GFA

Our Nook beer battered fish and chips

with tartare sauce, lemon and garden or mushy peas GFA, DFA

Roast rump of beef

with all the trimmings GFA, DFA, VGA

Roast turkey

served with all the trimmings and pigs in blanket and stuffing GFA, DFA, VGA

Desserts

Cheeseboard GFA, DFA, VGA, V

includes a variety of cheeses, crackers, celery, chutney and grapes

Sticky Toffee Pudding GF, DF, V

served with toffee sauce and vanilla bean ice cream

White Chocolate & Raspberry Crème brûlée GFA, V

served with shortbread biscuits



V/VA = Vegetarian/Vegetarian Available VG/VGA = Vegan/Vegan Available

GF/GFA = Gluten Free/Gluten Free Available DF/DFA = Dairy Free/Dairy Free Available NGCI = Non Gluten Containing Ingredients



theboshawtrout



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theboshawtrout.co.uk

IMPORTANT INFORMATION: All our food is prepared in a kitchen where nuts, gluten and other known allergens maybe present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as our entire menu is produced in the same kitchen. Our dish descriptions do not include all of the ingredients used to make the dish. Therefore, if you have a food allergy please speak to a member of staff before placing an order. Full allergen information is available. Management can advise of all ingredients used.