

# BANK HOLIDAYS

Served Bank holidays 12 - 6pm  
last orders 5:45pm

## Starters

|  |       |
|--|-------|
| <b>Soup of the day</b>   | £7.95 |
| With warm mop up bread and butter<br>GFA, DFA, VGA, V                        |       |
| <b>Creamy garlic mushrooms</b>   | £7.45 |
| Served with crusty bread and salad<br>VGA, DFA, GFA, V                       |       |
| <b>Prawn and avocado cocktail</b>  | £7.95 |
| Served with Marie Rose sauce, granary bread,<br>lemon and butter DFA, GFA    |       |
| <b>Homemade ham hock and pea terrine</b>                                     | £7.95 |
| Served with piccalilli, crusty bread and salad<br>GFA, DF                    |       |
| <b>Moroccan spiced lamb kofta kebab</b>                                      | £7.95 |
| served on a flatbread with a crispy salad, mint<br>yogurt and lemon GFA, DFA |       |

## Mains

|  |        |
|--|--------|
| <b>Boshaw steak and Nook ale pie</b>   | £17.95 |
| Served with hand cut chips, gravy, mushy or<br>garden peas GFA, DF                   |        |
| <b>Chef's Three cheese and onion pie</b>   | £16.95 |
| Served with hand cut chips, vegetarian gravy,<br>mushy or garden peas GFA, V         |        |
| <b>Our Nook beer battered whale on a plate</b>                                       | £18.95 |
| Served with hand cut chips, tartare sauce,<br>lemon, garden or mushy peas GFA, DFA   |        |
| <b>Crispy skin salmon fillet with noodles</b>  | £19.95 |
| Served in a thai and coconut sauce, pak choi<br>and fresh chillies VGA, VG, DFA, GFA |        |
| <b>Vegan alternative with siracha tofu</b>   | £18.95 |
| <b>Smokey three bean chilli</b>  | £18.95 |
| Served with white rice, avocado, dairy free<br>yogurt and lime GF, DF, VG, V         |        |

*Please see board for  
Chef's Specials*

## From the Grill...

|  |        |
|--|--------|
| All served with hand cut chips, onion rings, Caesar<br>salad and a vine roasted tomatoes |        |
| <b>8oz sirloin steak</b> GFA, DFA  | £25.95 |
| Add a sauce - Peppercorn, Blue Cheese,<br>or Garlic butter                               | £1.50  |
| <b>10oz gammon steak</b> GFA, DFA  | £18.95 |
| served with egg or pineapple<br>(choose both for an extra £1.50)                         |        |

## Burgers

|   |        |
|---|--------|
| All served in a Brioche bun with salad, chip spice fries and coleslaw<br>All available gluten free and dairy free |        |
| <b>Bacon cheese burger</b>  | £18.95 |
| Homemade beef burger with bacon and smoked<br>cheddar topped with burgernaise sauce                               |        |
| <b>Plain homemade beef burger</b> with burger<br>relish   | £16.95 |
| <b>Plain chicken or cajun burger</b> with<br>mayonnaise   | £16.95 |
| <b>Boshaw garden burger</b>   | £15.95 |
| A spiced mix of beans, peas and spinach coated<br>in a herb crumb VG, V, DF, DFA                                  |        |

## Sandwiches

|   |       |
|---|-------|
| <b>Chefs hot roast of the day</b>                       | £8.95 |
| served on toasted ciabatta with gravy                   |       |
| <b>Nook Ale battered fish</b>                           | £9.95 |
| served on toasted ciabatta with tartare sauce and lemon |       |
| <b>Honey glazed gammon ham</b>                          | £8.95 |
| with tomato served on white or granary bread            |       |
| <b>Mature cheddar and Nook ale chutney</b>              | £7.95 |
| served on white or granary bread V, VGA                 |       |

V/VA = Vegetarian/Vegetarian Available VG/VGA = Vegan/Vegan Available

GF/GFA = Gluten Free/Gluten Free Available DF/DFA = Dairy Free/Dairy Free Available NGCI = Non Gluten Containing Ingredients



theboshawtrout



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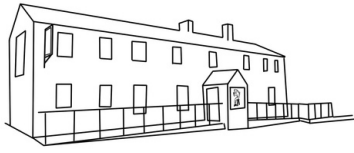


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theboshawtrout.co.uk

IMPORTANT INFORMATION: All our food is prepared in a kitchen where nuts, gluten and other known allergens maybe present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as our entire menu is produced in the same kitchen. Our dish descriptions do not include all of the ingredients used to make the dish. Therefore, if you have a food allergy please speak to a member of staff before placing an order. Full allergen information is available. Management can advise of all ingredients used.



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## Salad's

- Greek salad** £15.95  
with lettuce, tomatoes, cucumbers, red onion, feta cheese, olives, mint dressed with an oregano vinaigrette V, VGA, GF, DFA
- Gammon ham and egg salad** £15.95  
with tomatoes, lettuce, cucumbers, radish and dressed with salad cream DFA, GF

## Sides

- Nacho's** £7.95  
With salsa, jalepenos and chive sour cream  
GFA, DFA, VGA, V
- Skinny fries** £4.95  
With chip spice GFA, DF, VG, V
- Hand cut chips** GFA, DF, VG, V £5.95
- Onion rings** £5.95  
with BBQ sauce GFA, DF, VG, V
- Dirty fries** £6.95  
With salsa, jalepenos and chive sour cream  
GFA, DFA, VGA, V
- Potato Gratin** £4.95  
With chives GF, V
- Buttered Greens** GF, DFA, VGA, V £4.95

## Children's

£7.95

- Chicken goujons**  
with fries and peas or beans GFA, DFA
- Fish goujons**  
with fries and peas or beans GFA, DFA
- Mini cheese pizza**  
with fries and peas or beans V
- Mini beef burger**  
with fries and peas or beans GFA, DFA
- Sausage and mash**  
with gravy, peas or beans GFA, DFA, VA, VGA
- jelly and ice-cream** GF, DFA, V, VGA £3.95

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## Homemade Desserts

Accompanied with your choice of ice-cream,  
custard or cream

- Sticky toffee pudding** £6.95  
With toffee sauce and berry compote GF, DF, V
- Chocolate brownie** £6.95  
With chocolate sauce and berry compote  
GF, DF, V
- Chef's apple and summer berry crumble** £6.95  
GF, DF, VG, V
- Vanilla Panna cotta** £6.95  
served with berry compote and cream
- Cherry bakewell tart V** £6.95
- Ice-cream selection** £4.95  
Choose two from Vanilla,  
chocolate or strawberry GF, DFA, V
- Yorvale Ice-cream or sorbet** £5.95  
Choose 2 flavours from our board  
selection GFA, DFA, V, VGA
- Cheese Board** £11.95  
Chef's selection of cheeses, grapes,  
Nook Ale chutney and crackers GFA,DFA,VGA,V

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